

ULTA CORE

workbook for New Hire Skin Therapist



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Traditionally, spas, salons and skin treatment centers provide clients with a variety of preconceived treatments on a menu and ask clients to select what they think is best. But this experience can leave some clients feeling unsure ("Did I select the right treatment?") and unfulfilled ("That wasn't what I expected it to be!").



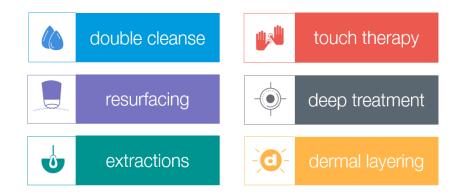
In today's hyper-personalized world, clients expect more than a cookie-cutter, one-size-fits-all skin treatment. They want you—the professional—to craft a treatment just for them.

Available in 30-minute or 60-minute form, these time-tailored treatments are truly revolutionary because they are customized at every step by you, based on your client's Face Mapping® results.

- Bespoke skin treatment
- Powered by Face Mapping[®]
- Time-tailored
- Unique modular approach

proskin modules

We have developed modules that serve as your "building blocks" for each treatment. The titles of each module indicate the action taken during this step of the protocol. Think of each module as a 10-minute phase (or step) of the treatment. You can mix and match modules according to your client's needs, and further customize them with a variety of modalities, products and powered-up options.



proskin cards

The skin health experts at Dermalogica and The International Dermal Institute have put together a set of convenient, quick-reference cards to help guide you through each module. The cards are organized by module and contain a general overview side and more detailed step-by-step instructions on the other side. You will notice that some cards utilize modalities, however there will be a card available without a modality and will follow a general application.







30 Minute Customized Facial

ProSkin 30 is a bespoke, 30-minute service that addresses your client's top skin concern in a convenient amount of time. This service is a must for clients who want to give their skin special attention but don't have a lot of time to spare. The ProSkin 30 allows you to quickly craft an effective solution, and creates a model setting for you to prescribe a Dermalogica home care regimen that will maintain results.

How it works

Each treatment starts with the Dermalogica Double Cleanse, including Face Mapping®, followed by your choice of one key treatment module and modalities for your client's top skin concern. You'll finish by layering a series of products for a healthy-looking glow on the go.



60 Minute Customized Facial

Your face tells its own unique story and a great skin treatment should be personalized just for you. Whether you have an oily t-zone and flaky cheeks or puffy eyes and sensitivity, your treatment will be tailor made each time to solve your specific concerns. All you need to do is decide the time you have available and our highly trained skin therapists will do the rest.

experience proskin 60

ProSkin 60 consists of a modular treatment structure that is flexible to allow for perfect personalization. After consultation and client preparation, each treatment starts with the Double Cleanse module, which includes Face Mapping®, followed by your choice of four key treatment modules where you will select the appropriate modality, products and techniques according to your client's skin needs and goals. You will finish by layering a series of product for a healthy-looking Dermalogica glow. Prescription and treatment advice is always at the end of every treatment using the Skin Fitness Plan.

*Skin Care Experts working in Express Skin Bar stores do not perform 60 minute services. All services are 30 minutes or less when performed at Skin Bar.

dermalogica skin fitness plan

Dermalogica has developed the **Skin Fitness Plan**, which serves as your guest's at-home skin care guide. Fill in the sections so that the guest can reference what was discussed during their visit.



Identify any skin goals your guest might have

- Mark your guest's conditions on the Face Mapping[®] diagram using the codes
- Write in your top product recommendations
- Add any treatment suggestions and notes for your guest to take home
- Write your name and the date, time and location of their next appointment

dermalogica consultation card

Determine the skin priorities

Have the client complete the **Dermalogica Consultation Card**, which includes questions about their current regimen, lifestyle and overall health. Follow up with any other questions and actively listen for any clues to contraindications. From there, this will help to determine the client's skin priorities.

Determine skin health and tolerance

Dermalogica's professional products are active formulas—you want to be impactful but not overwork the skin. The skin's tolerance may change day to day, so it's important to check even for returning clients. You will also have another opportunity to investigate during Face Mapping[®].



Other questions to ask:

- Stress and sleep
- Diet and exercise
- Experiencing any stinging, itching or burning sensations

precleanse balm

Dissolves buildup on the skin's surface without clogging pores

 Tones, firms, and enables the skin to maintain its moisture balance from Apricot Kernel Oil

Squeeze tube to dispense product onto cleansing mitt or directly to dry palm of hand. Massage product into dry skin and add water to emulsify. Rinse and follow with recommended Dermalogica cleanser. Use daily, morning and night.

Pro Tip: Perfect component to remove long lasting makeup



precleanse

Lightweight cleansing oil that liquefies sebum and oil-based debris

- Dissolves oil based makeup, waterproof mascara, sunscreens and sebum
- Reinforce barrier lipids from nourishing Kukui Nut Oil
- Treats dehydration, scaliness, and inflammation with Borago Officinalis (Borage)
 Seed Oil

Dispense 1-2 pumps into dry hands and massage. Dampen hands with water to create a milky consistency massage and rinse with water. For use morning and/or night.

Pro Tip: Gently massage over eyes to remove false eyelashes and stubborn glue



dermal clay cleanser

Clay based cleanser that refreshes and detoxifies

- A purifying blend of clays remove excess oil and refresh the skin
- Calm and soothe the skin with Menthol, Sage and Cucumber

Following **PreCleanse**, apply a small amount to dampened face and throat, massage with damp fingers and rinse with warm water. For use morning and/or night.

Pro Tip: Apply to wet face and throat and leave on for a 5 minute "mini" masque



special cleansing gel

A soap-free, foaming gel cleanser for all skin conditions

- · Gently removes impurities and excess oil from Quillaja Saponaria
- · Soothe and calm the skin with Balm Mint and Lavender

Following PreCleanse, lather a pea-sized amount of gel in moistened hands and apply to dampened face and throat. Rinse with warm water. For use morning and/or night.

Pro Tip: Gentle enough to cleanse the eyes and great for men or soap and water users



intensive moisture cleanser

A light, creamy cleanser that removes impurities while actively nourishing dry skin

- Help protect barrier lipids and preserve the skin's natural resilience from Bio Replenish Complex
- Invigorating extracts of Citrus, Palmarosa and Jasmine help soothe and refresh tired skin, and has antioxidant properties

Apply a small amount to a damp skin and massage over face and throat. Rinse with tepid water and repeat. Use morning and/or night.

Pro Tip: When traveling use Intensive Moisture Cleanser twice for a double cleanse



daily microfoliant®

Powder-based, brightening exfoliant gentle enough for daily use

- Uses a combination of chemical and physical exfoliants to boost cell renewal and remove dulling debris to reveal visibly brighter & smoother skin
- Gently microfoliate skin's surface with Rice bran and Rice Extracts
- Brightens the skin with rice based ingredient Phytic Acid

After performing the Dermalogica Double Cleanse, dispense ½ teaspoon of **Daily Microfoliant®** into very wet hands. Create a creamy paste by rubbing hands together. Gently massage in circular motions over cleansed skin for 1 minute, avoiding the eye area. Rinse thoroughly. For use daily, morning or night.

Pro Tip: Use on arms, neck and décolleté for smooth, soft skin



multi-active toner

Ultra-light, hydrating spritz that helps even out porosity for optimal moisture absorption

- Super-saturated concentrations of Aloe Vera provide soothing and healing effect on the skin
- Natural antiseptic Lavender Extract soothes and purifies the skin
- Balm Mint cools the skin while Aloe Vera softens the skin
- Natural skin refreshers Arnica, Sodium PCA and Cucumber help rehydrate

Spray directly and evenly over the entire face and throat with eyes closed. Immediately follow with moisturizer. Use after cleansing, and can be spritzed throughout the day to rehydrate skin.

Pro Tip: May also be used on the body and over make-up



active moist

Lightweight daily moisture protection that leaves the skin hydrated

- A daily moisture protection that actively combats surface dehydration while smoothing the skin's surface
- Smooth and improve skin texture by including Silk Amino Acids
- Botanicals Lemon, Ivv. Watercress and Burdock refine the skin
- Provides deep hydration from Lavender, Mallow and Cucumber

Apply over a cleansed skin in smooth upward strokes. Use morning and night.

Pro Tip: Apply over Boosters for additional effects



skin smoothing cream

Next-generation moisturizer with 48 hours of continuous hydration and helps protect against environmental stress

- Distributes hydration throughout the skin to lock in moisture
- State-of-the-art complex Active HydraMesh Technology™ forms a hydrating mesh-like surface over skin to help reduce Trans-Epidermal Water Loss as it infuses skin with 48 hours of vital moisture
- Aloe moisturizes and prevents healing in addition to reducing the appearance of dehydration fine lines

Apply over a damp face and throat after cleansing and conditioning. Use morning and night.

Pro Tip: Apply over Boosters or Phyto Replenish Oil for additional benefits



intensive moisture balance

Ultra-rich phytonutrient moisture to leave skin soft and repair prematurely aging skin

- Oil-rich phytonutrient moisturizer that leaves the skin soft and supple
- Liposomal delivery of Vitamin C improves collagen synthesis

Apply over a damp face and throat after cleansing and conditioning. Use morning and/or night.

Pro Tip: Mix Phyto Replenishing Oil with Intensive Moisture Balance for a dewy look!



sound sleep cocoon

A night gel-cream that harnesses the power of nature with science to promote sound sleep and healthy, radiant skin

- Reduces signs of fatigue while brightening and plumping tired skin
- Provides overnight antioxidant protection from Persian Silk Tree Bark Extract and fights free radicals

Hold bottom and twist container to open. Dispense 1-2 pumps and smooth over face and neck as the last step of nighttime regimen. Allow gel-cream to melt into skin overnight.

Pro Tip: After a busy stressful day applying sound sleep cocoon and visit soundsleepcocoon.com for an added boost of relaxation



sheer tint spf20

Lightweight coverage that shields against harmful UV rays and evens skin tone

- Natural, light-diffusing Iron Oxides provide translucent color for radiant skin, while Broad Spectrum sunscreens shield against damaging UV rays
- Fine Hydrolyzed Pearl (Pearl Powder) is rich in amino acids
- A blend of physical and chemical sunscreens Zinc Oxide and Octinoxate that provide broad spectrum protection against UVA and UVB damage
- A natural earth pigment Iron Oxide, provides natural-looking tint to the skin. Healthy skin alternative to artificial color.

After cleansing, toning and moisturizing, dot Sheer Tint SPF20 onto cheeks, chin, forehead and nose. Blend evenly with fingertips in light, outward strokes over face and under the jawline to the top of the neck.



prisma protect spf30

Moisturizer that alternatively amps up your daytime defense mode

- Hydration and lipid barrier reinforcement to lock in moisture and keep contaminants out
- Maximizes skin own's defense mode by further enhancing UV protection with broad spectrum UVA/UVB SPF30 defense
- Cosmetic drones work to deliver radiance to the skin

After cleansing and toning apply directly to skin

Pro Tip: Boost skin radiance by applying Skin Hydrating Booster to the skin before application of Prisma Protect SPF30



total eye care SPF15

Exfoliating eye cream that protects and repairs

- Repairs the delicate eye area while reducing the appearance of dark circles and fine lines
- Smooths and re-texturizes the eye area with Lactic Acid
- Attracts and binds moisture by including Sodium PCA
- Help diminish the appearance of dark circles from Optical light diffusers

Gently pat a small amount (about the size of a grain of rice) around the eye area, blending inward from the outer corner. Use daily under make-up or alone. Preferably for daytime use.

Pro Tip: The perfect product to pair with any eye concealer



intensive eye repair

An ultra-rich eye cream that diminishes the appearance of wrinkles and fights free radical damage

- Helps diminish dry lines and repair damage around the delicate eye area
- Botanicals Cucumber, Butcherbroom and Arnica help maintain the skin's elasticity and texture
- Panthenol (Pro-vitamin B5) and Vitamin A repair prematurely-aging skin

Gently pat a small amount around the eye area, blending inward from the outer corner. For use morning and night.

Pro Tip: Mix with any booster for additional skin benefits



stress positive eye

A high-performance eye treatment and masque that energizes skin to reduce visible signs of stress

- Improving skin tone and visibly reducing under-eye dark circles
- Wild Indigo Seed Extract brightens the skin by increasing under-eye luminosity

Apply generously around cleansed eye area using cooling massage applicator. Leave on for 3-5 minutes. Massage any excess product into skin or tissue off. Use as needed for a quick boost, or daily to address signs of chronic eye fatigue.

Pro Tip: Include the Eye Lift DIY massage technique to soothe stressed eyes



skin hydrating booster

A super hydrating fluid intensely moisturizes thirsty skin, smoothing and improving suppleness of the skin

- Intensely moisturize thirsty skin
- Aids in tissue repair while hydrating the skin from Panthenol (pro-vitamin B5)
- Holds 1000 times its weight in water from Hyaluronic Acid for increased hydration and improved elasticity

Squeeze 6 to 10 drops onto fingertips and massage gently over entire face and throat Pro Tip: Mix with your favorite Dermalogica moisturizer and apply prior to eye treatment for added hydration



phyto replenish oil

Daily-use, treatment oil that hydrates and shields for healthy, luminous skin

- Protects, nourishes and repairs the skin's barrier, helping boost hydration and reduce sensitivity
- Camellia Japonica (Camellia) provides a light barrier and is calming and soothing
- Rich antioxidants such as Salvia Hispanica (Chia) Seed Oil support anti-inflammatory and moisturizing properties

After cleansing and toning, press 4-6 drops onto skin. Follow with recommended Dermalogica moisturizer. Hold bottle upside down for 2-3 seconds to initiate product flow. Use daily as needed.

Pro Tip: Mix 2-3 drops of Phyto Replenish Oil with your favorite liquid foundation. Leaves a dewy flawless finish.



hydrablurtm primer

Lightweight primer that provides intense, sustained moisture and reduces pore size without drying the skin

- Reduces pore size and appearance without drying the skin. Also provides light, neutral tint coverage upon application
- H₂O Release Complex of Sodium Hyaluronate, Algin and Trehalose is a sophisticated complex which gradually releases moisture, optimizing the skin's hydration levels
- Unique Crambe Abyssinica (Abyssinian) seed oil creates a film that smooths skin texture and tone while helping to maintain critical moisture balances without clogging pores

After applying the prescribed Dermalogica moisturizer and/or Daylight Defense, smooth and blend a small amount over entire face and throat

Pro Tip: Can be worn alone for flawless-looking skin or under makeup for a smooth canvas



charcoal rescue masque

Detoxifying masque to help clear oily, congested skin

- Rescues tired lackluster skin.
- Draws excess toxins from the skin for a brightened improved appearance with Activated Binchotan Charcoal
- Mineral-rich actives Volcanic Ash, Hot Spring Ash, and Maris Limus (Sea Silt) Extract provide a physical exfoliant

After cleansing, apply generously to face and throat, avoiding the eye area. After 7 to 10 minutes, lightly massage with water and rinse thoroughly.

Pro Tip: Looking for a skin detox? Cleanse with PreCleanse Balm and follow with Charcoal Rescue Masque.





skin hydrating masque

A refreshing, moisturizing masque to remedy dry, stressed skin

- Helps regulate moisture content and water levels to provide in-depth moisturization
- Provides increased hydration from Cross-linked Hyaluronic Acid and improves elasticity. Holds 5 times more moisture.
- Helps reinforce skin's natural moisturizing with Salicornia Herbacea Extract

Apply a smooth layer to clean face and throat. Allow to absorb for 7 to 10 minutes. Rinse off thoroughly with tepid water.

Pro Tip: Apply over the neck and eyes for a super hydrating treatment



skin resurfacing cleanser

Dual action cleanser that leaves skin hydrated and ready for actives while renewing skin cells

- Re-texturizes skin suffering from visible signs of aging by accelerating cell renewal
- Alpha hydroxy Lactic Acid exfoliates surface cells leaving a smoother, polished surface that is receptive to subsequent active ingredients. Also helps hydrate and brighten.
- Antioxidant Tocopheryl Acetate (Vitamin E) conditions and enhances skin softness while fortifying skin's natural moisture barrier

Perform the Dermalogica Double Cleanse that begins with PreCleanse. Dispense a small amount of Skin Resurfacing Cleanser onto dampened hands and work into a light lather. Follow with Antioxidant HydraMist and Dynamic Skin Recovery SPF50 when used in the morning.

Pro Tip: Great boost for a night on the town



multivitamin thermafoliant®

A powerful thermal skin polisher which instantly refines skin texture, reveals smoother and fresher skin

- Allows better penetration of vitamins with an added heating agent
- Fine mineral powder Polylactic Acid, Silica and Sodium Bicarbonate blend that polishes away dead skin cells
- Lactic Acid and Salicylic Acid are alpha and beta hydroxy acids that stimulate cell exfoliation, leaving a smoother skin surface

Perform the Dermalogica Double Cleanse and apply (approximately 1 teaspoon)

MultiVitamin Thermafoliant® to damp face and neck in circular motions for 1-2 minutes, avoiding the eye area. Rinse thoroughly with warm water.

Pro Tip: Invited to an unexpected event? Exfoliate with MultiVitamin Thermafoliant® so your skin will be selfie ready!



daily superfolianttm

A highly-active, anti-pollution powder resurfacer

- Helps open pores to promote removal of pollutants and provides antioxidant protection
- Negatively-charged surface Activated Binchotan Charcoal, adheres to positivelycharged impurities allowing them to be easily removed from skin
- Helps re-texturize the skin's surface and stimulate cell turnover with Lactic and Malic Acid

After cleansing, dispense about a half-teaspoon of **Daily Superfoliant™** into very wet hands and create a creamy paste by rubbing hands together. Apply to face in circular motions, avoiding the eye area. Massage gently for about one minute, then rinse thoroughly with warm water.

Pro Tip: Alternate use with Daily Microfoliant® for dual exfoliation benefits



multivitamin power recovery® masque

A potent blend of ingredients to help repair damage while hydrating a very stressed skin

- Increases elasticity and aids in collagen synthesis, restoring suppleness
- Antioxidant vitamins Retinyl Palmitate (vitamin A) help repair and restore damaged skin
- Anti-inflammatory Avena Sativa Oat Kernel aids to moisturize and calm irritated skin

Apply to cleansed face and throat, avoiding the eye area. Allow masque to absorb for 7-10 minutes. Gently rinse with warm water.

Pro Tip: Mix with Skin Hydrating Booster for extra hydration



rapid reveal peel

Professional grade at home peel kickstarts cell renewal for visible radiance

• Helps reduce the appearance of fine lines, wrinkle, skin tone and brightens for a more radiant complexion

Twist open applicator plug and dispense product into hands. Lightly massage over face, neck and chest with fingertips in circular motion. Avoid the eye area. Allow to activate for 3-7 minutes, depending on your skin's sensitivity. You may experience slight tingling and/or warming. Rinse thoroughly with cold water or wipe off with a cold, damp towel. Recommended for usage in the evening once a week.



multivitamin power serum

Powerful serum of microencapsulated vitamins that delivers ingredients for day and night protection

- Advanced technological liposomes deliver high level of vitamins to penetrate deep into skin
- Encapsulated Vitamin A Retinyl Palmitate increases cell renewal and turnover with
- Stabilized form of vitamin C Ascorbyl Glucoside stimulates collagen synthesis to help fight signs of aging

Smooth over cleansed face and neck morning and night after toning and before moisturizing

Contraindications: Be aware that if your client is pregnant, it is recommended not to use this product as it contains a high dose of Vitamin A, which is contraindicated during pregnancy. If in doubt, please check with your client's physician.



overnight retinol repair

Concentrated nighttime retinol cream that smooths the skin and reduces the signs of aging

- Stimulates collagen and improves the skin's density and firmness
- Highly active Microencapsulated Retinol (0.5%) induces collagen synthesis and helps reduce visible fine lines, wrinkles, discoloration and uneven skin texture
- Stabilized antioxidant Sodium Ascorbyl Phosphate Vitamin C stimulates collagen synthesis

Slowly use this product for the first 2 weeks. Mix one-part ORR and three parts of Buffer Cream to cleansed skin. Follow with a prescribed Dermalogica moisturizer.

Pro Tip: This product should only be used at night. We recommend not layering it directly with other targeted treatment products



overnight repair serum

This super charged peptide serum helps stimulate collagen production to help firm and smooth away fine lines

- Advanced nighttime works as you sleep to increase skin replace lipids, nourish dry and dehydrated skin
- Protects and improves the appearance of aging skin with Argan Oil
- Reinforce the barrier layer and improves appearance of aging skin with Rosa Moschata Seed Oil (Rosehip Seed Oil) and Rose Oil

Press 4-6 drops onto the skin after cleansing as your final product

Pro Tip: Mix 3-4 drops with your favorite Dermalogica nighttime moisturizer



biolumin-c serum

A high-performance serum that works with the skin's own defenses for brighter, firmer and more radiant skin

- Advanced bio-technology fuses ultra-stable Vitamin C and Palmitoyl Tripeptide-5, helping to dramatically reduce the appearance of fine lines and wrinkles
- Hydrate and help quench free radicals with Salvia Hispanica (Chia Seed) Oil

Dispense a few drops and smooth over cleansed face and neck after toning and before moisturizing

Pro Tip: Use morning and night to brighten, firm and reduce the appearance of fine lines and help skin defend itself from oxidative stress



multivitamin power firm

Powerful firming complex helps combat lines around the delicate eye area

- Help accelerate skin's natural repair process with Vitamin A
- Antioxidant vitamins C and E improve skin resilience while scavenging free radicals Smooth around the eye area, concentrating on areas of visible aging, morning and night **Pro Tip:** Helps "fill" fine lines, making it a perfect pre-make-up prep!



age reversal eye complex

Targets concerns of the eye area, reverse and repair multiple signs of aging

- A powerful form of Vitamin A Microencapsulated Retinol 0.1% that stimulates cell renewal, increases collagen production and reduces the appearance of fine lines and wrinkles
- Stimulates collagen synthesis while reinforcing barrier function from Microencapsulated Niacinamide

Start using every other night for the first 2 weeks. If no irritation develops, begin using nightly. After cleansing, smooth and pat around the eye area working from the outer corner inward. Use caution near the lash line. Avoid contact with the eyes.

Pro Tip: Be sure to use an SPF during the day to protect the delicate eye area while using this Retinol treatment



renewal lip complex

Moisturizing daily lip treatment helps smooth and restore

- Help infuse lips with moisture, restore delicate tissue, minimize contour lines and help prevent the signs of aging
- Infuses lips with a moisturizing blend of Avocado Oil and Shea and Cocoa Seed butters
- A patented polypeptide restores delicate tissue, minimizes contour lines and helps prevent the signs of aging

Apply to lips at least two times a day for lip health maintenance, or more frequently in periods of dryness or environmental exposure

Pro Tip: Apply before lipstick application to smooth away dryness lines



nightly lip treatment

Anti-aging lip and perioral treatment smooths the appearance of laugh and feather lines while you sleep

- Rich overnight formula firms, hydrates and restores skin on and around the lips
- Advanced Volumizing Technology and Sesame Seed Extract help restore skin volume and reduce the appearance of fine feather lines and wrinkles
- Vitamin-rich Shea Butter hydrates to improve skin resilience and restore barrier function against visible signs of aging

After cleansing and toning, apply generously and massage into skin on and around the lip

Pro Tip: Massage Nightly Lip Treatment into laugh lines using a lifting motion to help smooth their appearance



antioxidant hydramist

A protective toner that hydrates and firms the skin while fighting aging

- Supplements skin's protective barrier by creating a shield to fight against free radicals
- A non-acidic, stable form of vitamin C that stimulates collagen formation, provides critical antioxidant protection and inhibits MMP enzymes that contribute to collagen breakdown
- Stimulate Hyaluronic Acid formation for increased hydration and elasticity with Bambusa (Bamboo) Vulgaris Extract and Pisum Sativum (Pea) Extract

Perform the Dermalogica Double Cleanse that begins with PreCleanse, followed by Skin Resurfacing Cleanser. Spritz Antioxidant HydraMist directly onto face, throat and neck with eyes closed.

Pro Tip: Spritz on the skin throughout the day for a flash firming boost



power richtm

Maximum-intensity skin regenerating treatment to help reverse signs of skin aging

- Three-phase formula helps smooth away fine lines, improve resilience and maintain moisture balance
- Triggers cell renewal to restore firmness and resilience

Smooth over cleansed skin morning and night. Concentrate on areas with signs of visible aging to restore resilience and strength. Allow to absorb for one minute before make-up application. Pro Tip: Can be used as an eye treatment to help smooth, hydrate and brighten



super rich repair

Hydrates and repairs, as well as stimulates collagen and soothes and calms irritation

- Smooths fine lines and helps restore elasticity
- Peptide Arginine/Lysine Polypeptide acts as a sugar trap, to protect aging skin
- Soothing Colloidal Oatmeal, Zinc Oxide and Avena Sativa (Oat) Kernel Extract provide an anti-itch relief to chronically dry skin

Apply Super Rich Repair to entire face and throat or concentrate on areas of dryness Pro Tip: For daytime use apply under Dynamic Skin Recovery SPF50



dynamic skin recovery spf50

Broad spectrum SPF helps minimize skin aging triggers with long-lasting sun protection

- Provides critical protection from daylight exposure
- Holds over a thousand times its weight in water to provide maximum skin hydration from Hyaluronic Acid
- Helps calm irritated skin from Licorice Extract
- Sunscreen-filled capsules with Oleosome Technology Safflower-derived which provides enhanced moisturization while boosting SPF

After cleansing and toning, apply a generous amount to face and neck, preferably 30 minutes prior to sun exposure

Pro Tip: No matter the weather, shield your skin with SPF daily to protect against skin-aging environmental assault



skinperfect primer spf30

Multifunctional primer enhances the appearance of the skin, improves firmness and shields against sun damage

- Provides a luminous glow, filling in fine lines and wrinkles with skin aging treatment benefits
- Fine Pearl Powder and Natural Earth Minerals powder that provides a neutral tint to perfect skin tone and stimulate cell renewal
- Stimulates collagen with Arginine/Lysine Polypeptide
- Actives stimulate collagen biosynthesis, helping to reduce wrinkles, impart skin firmness and improve skin tone

After applying prescribed Dermalogica moisturizer, smooth and blend over entire face and throat. Can be worn alone or applied underneath makeup to extend wear.

Pro Tip: Can be blended over skin with fingertips or applied with a cosmetic sponge



ultracalmingtm cleanser

Super soothing sulfate-free cleanser, safe for the most sensitized and reactive skins

- pH balanced gel/cream formulation soothes and calms irritated skin
- Helps reduce sensitivity, redness, irritation and inflammation from UltraCalming[™] Complex
- Promotes healing while providing soothing properties to inflamed skin from Rubus Idaeus (Raspberry) Fruit Extract

Apply to dry or damp face and neck with light, upward strokes and over closed eyes with gentle circular motions. Rinse thoroughly with warm water or remove with damp cotton pads.

Pro Tip: Can be used without water and removed with a soft cloth



redness relief essence

Refreshing formula visibly reduces redness and helps reduce sensitivity by strengthening the skin's moisture barrier

- Lightweight like a toner but concentrated like a serum
- Naturally-antioxidant oat-derived Avenanthramides and Beta Glucan, along with Vitamin E, help soothe and relieve skin irritation, redness and discomfort
- Hydrates skin to help relieve irritation from dryness with Aloe Barbadensis (Aloe Vera)
 Leaf Juice

Shake well before use. Dispense into palm and pat gently over cleansed face, neck and chest. Use twice a day for continuous relief.

Pro Tip: Use to reduce redness from sunburns, after waxing, after laser or resurfacing treatments



ultracalmingtm serum concentrate

Super-concentrated serum helps calm, restore and defend sensitized skin

- Helps interrupt inflammatory triggers to prevent flare-ups
- Exclusive UltraCalming™ Complex contains Oat and botanicals to ease sensitization
- Oils of Evening Primrose, Sunflower Seed and Avocado extracts help defend against future assaults

After cleansing and spraying with **UltraCalming Mist**, apply a generous amount to face, neck and chest with light, upward strokes. Use twice daily, morning and night. For additional moisturization, follow application with **Barrier Repair** or recommended Dermalogica moisturizer.

Pro Tip: Use as a spot treatment on the hands, legs, any areas demanding relief from itching and redness



barrier defense booster

Concentrated oil booster which soothes, nourishes and moisturizes sensitive skin

- Triple Defense Complex nourishes the skin, relieves dryness and reinforces barrier integrity against future irritation
- Soothing Oat Oil helps combat sensitivity and support healthy-looking skin

Press bottom of bottle to release a stream of product. Dispense 6-10 drops into palm and rub hands together. Pat gently over face, neck and chest. Or, mix with your moisturizer, then apply. Use twice a day for continuous relief.

Pro Tip: Use in conjunction with Calm Water Gel to restore moisture and prevent dehydration



calm water gel

Weightless water-gel moisturizer hydrates dry, sensitive skin forming a barrier against environmental assault

- Locks in moisture and defends skin against dryness
- Dual Hyaluronic Acid technology works in different skin surface layers to increase and lock in moisture
- Apple Fruit Extract and Glycerin hydrate and soften while defending skin against dryness Squeeze a small amount into palm and rub hands together to activate. Pat gently onto face and neck. May use twice a day for continuous relief.

Pro Tip: Pairs best with Barrier Repair to treat sensitive skin



barrier repair

A skin-protecting invisible shield, reinforces barrier layer to prevent irritation and restore skin health

- Creates a shield against environmental assault, restores moisture loss
- UltraCalming™ Complex helps reduce sensitivity, redness, irritation and inflammation
- Avena Sativa (Oat) Kernel Oil reduces irritation and reinforces the barrier lipid layer

Apply a small amount evenly over face and throat with light, upward strokes

Pro Tip: Makes a great make-up prep by providing a smooth, even base



super sensitive shield

Broad Spectrum sheer sunscreen which provides optimal hydration for sensitized, reactive and recently resurfaced skin

- Helps protect and reinforce barrier lipids, which are often compromised in sensitized skin conditions.
- Exclusive UltraCalming[™] Complex with Oat and botanical actives to help minimize discomfort, burning and itching
- Antioxidants and botanical extracts guard against premature aging and irritation

Apply evenly and liberally to face, preferably 15 minutes prior to sun exposure. For continuous coverage, apply regularly and reapply as needed after swimming and exercise.

Pro Tip: Mix with your moisturizer or foundation, then apply



clearing skin wash

A non-irritating, naturally-foaming cleanser that controls breakouts

- Foaming cleanser that is soothing to help calm inflamed irritated skin
- Aids in clearing congested follicles and removing impaction plugs from Salicylic Acid
- Tea Tree and Eucalyptus provide antiseptic and antimicrobial protection

Work a pea-sized amount into a lather in wet hands. Apply to dampened face and throat, massaging in circular motions while concentrating on areas of congestion and oiliness. Avoid eye area. Rinse thoroughly with warm water.

Pro Tip: Establish a cleansing routine morning and night to enhance acne-fighting benefits



sebum clearing masque

Soothing clay masque helps clear breakouts

- Helps purify and manage the four main factors that contribute to acne development
- Oil-absorbing clays help detoxify skin as Salicylic Acid clears pore congestion
- Calming botanicals such as Oat and Bisabolol help soothe aggravation brought on by breakouts

Apply a smooth layer to cleansed face and throat (avoiding the eye area. Leave on for 10 minutes, then rinse thoroughly with warm water.

Pro Tip: Use as a spot treatment masque to help target and clear breakouts



overnight clearing gel

Nighttime treatment that hydrates the skin while targeting breakouts

- Removes impaction plugs from the follicle to relieve congestion and breakout activity
- Inhibits development of further breakouts with 2% Salicylic Acid
- Soothes skin with Tea Tree Oil while you sleep

At night, apply a thin layer all over cleansed face and allow to absorb. In the morning, wash off with Clearing Skin Wash. Use nightly as needed.

Pro Tip: May be applied to any skin type used as a spot treatment to treat breakout or congestion



AGE bright clearing serum

Two-in-one brightening and clearing serum helps prevent breakouts while reducing visible signs of aging

- Age Bright[™] Complex works with the skin's natural microbiome for clearer, brighter skin
- Reduces breakouts with Salicylic Acid
- Hydrates and smoothes with Phytoactives from Resurrection Plant
- Promotes more even skin tone with Niacinamide and White Shiitake Mushroom

Apply a thin layer to cleansed skin. Use all over the face and under your prescribed Dermalogica moisturizer twice daily as needed.

Pro Tip: Can be applied all over or just to zones experiencing breakouts and congestion



AGE bright spot fader

Two-in-one brightening spot treatment reduces appearance of active breakouts and post inflammatory hyperpigmentation

- Age Bright[™] Complex reduces visible skin aging and helps prevent over-drying
- · Reduces breakouts with Salicylic Acid
- Niacinamide and Hexylresorcinol synergistically help fade post-breakout marks, improving uneven skin tone

Apply directly upon first sign of breakout. Reapply twice a day until spot fades.

AGE bright spot fader dermalogica

oil free matte spf30

Broad Spectrum sunscreen helps prevent shine and skin aging

- Lightweight, ultra-sheer formula contains an advanced blend of Zinc Gluconate, Caffeine, Niacinamide, Biotin and Yeast Extract
- Oil absorbers help maintain an all-day matte finish, preventing shine without any powdery residue
- Sheer formula provides defense against skin-aging UV light

After cleansing, apply evenly and liberally to face, preferably 15 minutes prior to sun exposure

Pro Tip: Always reapply sun protection after swimming or exercising



c-12 pure bright serum

Lightweight, highly-active topical treatment combats hyperpigmentation

- Advanced formula absorbs quickly to optimize efficacy while helping to increase skin luminosity
- Helps brighten skin and minimize discoloration from exclusive blends of Oligopeptides and Phytic Acid
- Regulate melanin (pigment) formation to treat hyperpigmentation at its source with Red and Brown Algae

After cleansing, apply directly to areas of uneven skin tone. For best results, use twice daily. Allow one minute for product absorption.

Pro Tip: Protect your skin from UV rays and follow with Pure Light SPF50 for daytime use



pure light SPF50

Shield the skin from UV-induced hyperpigmentation

- Natural plant spheres Oleosome Technology fills sunscreens to increase SPF performance
- A powerful blend of peptides helps regulate melanin production
- Cross-linked Hyaluronic Acid fortifies the skin's natural moisture barrier, reducing the appearance of fine dehydration lines

Smooth a generous amount to face and neck, avoiding the eye area, preferably 30 minutes prior to sun exposure.

Pro Tip: Apply after C-12 Pure Bright Serum



pure night

Nourishing nighttime moisturizer restores skin luminosity

- Helps reduce the appearance of brown spots and uneven skin tone while you sleep
- Brightening Vitamin C, Niacinamide and Zinc Glycinate help control melanin formation and hyperpigmentation
- Restore critical barrier lipids, optimizing skin hydration with Cranberry and Raspberry Seed oils

Apply in the evening to entire face and neck. For best results, apply after C-12 Pure Bright Serum.

Pro Tip: Integrate this and other PowerBright TRx™ products into your regular Dermalogica regimen for added skin brightening benefits.



breakout clearing foaming face wash

Breakout fighting - foaming wash

- Salicylic Acid clears dead skin cells and trapped oils inside the pore to help wipe out existing and future breakouts.
- Tea Tree, Lavender and Camellia Sinensis gently soothes and calms irritated skin.
- Orange Peel Extract revives, energizes, and refreshes.

Apply in the evening to entire face and neck.



breakout clearing all over toner

Mist toner controls excess oils and helps eliminate breakout

- Salicylic Acid and Sesame Seed Extract help minimize the surface oils that cause breakouts.
- 12 gentle botanicals including Lavender, Camellia Sinensis and Argan help minimize redness and skin aggravation triggered by breakouts.
- Lemongrass and Bitter Orange refresh, energize and revive skin.

Spritz over entire face with eyes closed, neck, and anywhere on the body prone to breakouts. Let absorb.



blackhead clearing fizz mask

Fizzing formula effectively clears pores and helps target blackheads

- Sulfur helps keep skin clear.
- Kaolin Clay absorbs excess oil and purifies the skin.

Apply to areas of congestion and allow 3-5 minutes to fully activate.

Pro Tip: Use 2-3 times per week, more if needed.



breakout clearing booster

Fast-acting booster, formulated combats breakout-causing bacteria

- Niacinamide reinforces skin's defensive barrier and helps to even skin tone.
- Seaweed-derived Chondrus Crispus Extract locks in moisture to help, soothe irritated skin.
- Cruelty-free, gluten-free and vegan.

Apply directly to blemish or breakout area or apply a thin layer all over the face under moisturizer for breakout prevention.

Pro Tip: Use a.m. + p.m. as needed.



skin soothing hydrating lotion

Sheer formula helps soothe discomfort and hydrate

- Moisturizing, plant-based Squalane softens and nourishes.
- Hyaluronic Acid provides instant relief from skin dehydration.
- Gentle botanicals including Ginger, Orange and Grapefruit soothe the skin.

Apply over entire face and neck, day and night.

Skin Southing Hydrating Lotion

clearing defense SPF30

Shine-reducing SPF moisturizer helps protect breakout-prone skin from environmental stress.

- Ultra-lightweight moisturizer provides a long-lasting matte finish
- Patented TT (Terpineol and Thymol) Technology: works with skin's natural microbiome and helps reduce sebum on the surface of skin
- antioxidant agents combat the irritating effects of pollution on breakout-prone skin

Apply a generous amount to cleansed face and neck, preferably 30 minutes prior to sun exposure



multivitamin power exfoliant

An oil-based, anhydrous exfoliation that can be customized

- Maximum strength exfoliant in a lipid base, delivered in a single dose and re-sealable capsule; achieves visible results to reduce the signs of premature aging
- Removes dulling surface debris to help reverse the signs of environmentally-aged skin and brighten skin tone with Retinol, Lactic Acid and 15% Salicylic Acid
- An emollient of Vitamin C, E and F to enhance penetration, Vitamin E as antioxidant for skin smoothness

Twist open applicator tube and dispense fluid onto face with light, circular movements, avoiding direct contact with the eyes and mouth. Dampen gauze with cold water to remove **MultiVitamin Power Exfoliant**. Perform the Dermalogica Double Cleanse that begins with **PreCleanse** and follow with **Special Cleansing Gel**. Remove with a steam towel.

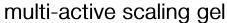
Pro Tip: Add 1 ampule of MultiVitamin Power Exfoliant to Daily Microfoliant®



exfoliant accelerator 35

Chamomile based exfoliant that provides an intense exfoliation

- Helps stimulate cell renewal and cell turnover rates to help smooth skin while improving texture and tone
- Lactic Acid brightens the skin, hydrates and stimulates the synthesis of natural barrier lipids
- Soothing polyphenols of Olive Leaf provide antioxidant properties Use 2 pumps and apply using spreading technique. Massage over the face after applying with your hands in the same way as **MultiVitamin Power** Exfoliant. Apply under steam to further soften the skin. Use your Dermalogica professional double cleanse for removal, 1st with PreCleanse followed by Special Cleansing Gel.



Versatile gel effectively opens pores to facilitate extractions

- Allows skin therapists to create custom treatment solutions: use it alone to facilitate extractions, mix with a cleanser for a deep cleanse, or mix with an exfoliant for deep resurfacing
- Aloe Vera moisturizes skin to help reduce redness and relieve irritation
- Natural astringent Meadowsweet opens pores and reduces sebum production without over drying skin

-Deep Cleanse

 Dispense ½ pump of prescribed cleanser with water in a cup and mix in 1 pump of Multi-Active Scaling Gel

-Deep Resurfacing

 Dispense approximately ½ teaspoon of Daily Superfoliant™ or Daily Microfoliant® into a cup and mix with water, creating a foam. Using a fan brush mix in 1 pump of Multi-Active Scaling Gel.

-Extractions

 Dispense ½ pump to 1 pump of Multi-Active Scaling Gel into a cup. Using a fan brush, apply a thin layer to areas of congestion.
 Allow gel to activate and soften impactions for 3 minutes. Perform extractions using The Dermalogica Extraction Technique.

post extraction solution

Antibacterial solution that cleanses and decongests follicles while promoting healing and reducing inflammation

- Liquid solution provides a bacteria free environment, reducing sebum production
- Clears congested follicles with Salicylic acid (Sodium salicylate) 0.5%
- Naturally antiseptic Tea Tree aids in soothing and purifying skin while reducing comedones

After completing the manual extraction portion of the ProSkin treatment, soak a cotton pad with Post Extraction Solution and apply it to the entire face.







massage gel-cream

Lightweight formula which promotes longer-lasting slip during each massage

- Helps leverage the power of touch to further enhance your massage treatments
- Rich source of Helianthus Annuus (Sunflower) Seed Oil and Carthamus Tinctorius (Safflower) Seed Oil helps reserve skin moisture and support barrier function
- Humectant Glycerin attracts and holds moisture to promote skin hydration and smoothness

Dispense 1-2 pumps into the palm of hand. Rub between palms and fingertips and apply to skin using massage movements. Remove with a warm steam towel or sponges.



additives

Aromatherapy for the ProSkin treatment

Clearing: Helps control breakouts and control excess oil production. Detoxifies the skin, reduces inflammation and aids in healing.

Revitalizing: Renews lackluster skin, promotes circulation and gently stimulates skin tissues. Alleviates dryness and helps promote relaxation and strengthen mental concentration.

Soothing: Relieves skin sensitivity from hay fever, asthma, pollution, smoking and allergies. Soothes stressed skin, helps quiet the mind and alleviate sinus tension.

Use 2-4 drops press onto the skin follow with Massage Gel-Cream



calming botanical mixer

Powerful, water-soluble floral base hydro essential

- Enhance performance and add the element of customization throughout the treatment
- Oil-free blend with active botanicals that are both powerful and aromatic
- Botanical extracts calm and soothe sensitized skin

Add 6-10 drops to the cleansing water or steam towels (after eye makeup removal) to create an aromatic water

Pro Tip: Apply 6-10 drops directly onto the skin for an oil-free aromatherapy massage



retinol 1% ionactive serum

lonizable unique serum with two microencapsulated actives that reduce the visible signs of aging

- Increase collagen production and cell turnover with Microencapsulated Retinol 1%, as well as reduce visible fine lines, wrinkles, discoloration and uneven skin texture
- Increased skin firmness and reduced skin redness from Microencapsulated Chlorella Extract



oligopeptide ionactive serum

The ionizable active concentrate helps inhibit pigmentation for a more balanced skin tone

- Helps control melanogenesis from Microencapsulated Diglucosyl Gallic Acid. Reduce pigmentation spots and inhibit skin redness.
- Control melanogenesis by inhibiting the Tyrosinase enzyme with Oligopeptides 34 and 51



niacinamide ionactive serum

lonizable active concentrate helps target and prevent breakouts on acneprone skin

- An active of Niacinamide (4%) helps clear acne, reduce sebum and decrease post-inflammatory hyperpigmentation (PIH) associated with acne
- A stable derivative of Azelaic Acid, Microencapsulated Potassium Azeloyl Diglycinate (3%) regulates sebum production, controls keratin proliferation, reduces the formation of comedones (blackheads and whiteheads), and decreases inflammation by scavenging toxins and free radicals in the skin



hyaluronic acid ionactive serum

Hydrating, ionizable active concentrate delivers intense moisture to dry, dehydrated skin

- Restores moisture balance to promote smooth, uniform skin texture
- Dramatically hydrates and plumps sagging skin, reducing the appearance of fine dehydration lines from Hyaluronic Acid
- Hydrates and soothes skin with Alisma Plantago Aquatica (Water Plantain) Extract



colloidal masque base

Multi-purpose masque base that cools and hydrates skin

- Binds moisture while relieving environmental stress and damage
- Hydrates and binds moisture with Hyaluronic Acid
- Heals, reducing inflammation and pain from Mallow

Apply over **Serums** with a damp brush in areas of dehydration. Allow to activate for 10 minutes.

Pro Tip: Mix equal parts with MultiVitamin Power Recovery® Masque for an extra boost of hydration benefits



Multi-purpose soothing masque

- Alleviates itching, irritation and discomfort from dryness
- Leaves a protective layer over the skin that seals in skin's natural moisture from Pharmaceutical-grade Colloidal Oatmeal
- Softening soothing agent Aloe Barbadensis Leaf Juice calms irritated skin

Dispense 1 tablespoon into a cup and apply with a spatula or a fan masque brush to the face, neck and chest. Can be spread lightly around the eyes and lips. Leave on for 10 minutes, then remove with a steam towel and/or sponges and warm water.

Pro Tip: Can be customized with a few drops of Calming Botanical Mixer or Soothing Additive.

contour masque

A loose white powder rich in nutrients to help repair mature and prematurely aging skin

- Firms and contours the skin with cooling temperatures
- Porous pure form of silica from Algae Diatomaceous Earth absorbs up to four times its own weight in water
- White powder Calcium Sulfate readily absorbs water and provides a hardening substrate for the masque

Mix about 1/3 of a packet of **Contour Masque** with cool water, to a stretchy paste (a little like cake icing/frosting; thin enough to spread, thick enough not to run). Apply to the face and neck with a wooden spatula, covering all areas except nostrils and mouth.

Pro Tip: Quick fix for tired stressed eyes!







30 Minute ULTAmate Skin Resurfacing Facial one-step prep

Effectively degreases the skin and prepares it for peel solutions to follow

- Allows for excellent product penetration and more efficacious treatment with fewer layers of acid
- A natural astringent Hamamelis Virginiana (Witch Hazel)
- SD Alcohol acts as a skin penetration enhancer to facilitate transdermal absorption of other actives
- Exfoliates the skin with Lactic Acid

Put gloves on to protect your hands. Apply 1-2 droppers of **One-Step Prep** to gauze and apply to chest, neck and face using the Dermalogica Application Method. Leave on skin and follow with the appropriate peel.



ultrabright peel

Ultra-effective brightening to help reduce the appearance of early signs of aging and even skin tone

30% Lactic Acid brightens dull skin

- Minimizes the appearance of fine lines with Mucor Fungal Extract
- Hydrates dry and dull skin with Phytic Acid



advancedrenewal peel

Resurfaces the skin to help fight the visible effects of AGEs and minimizes the appearance of fine lines and wrinkles

- Reduces the appearance of hyperpigmentation
- Minimizes the appearance of fine lines and wrinkles with 30% Glycolic Acid
- Phytic Acid evens skin tone



powerclear peel

Targets blemishes and visibly diminishes post-inflammatory hyperpigmentation

- Helps prevent breakouts with 2% Salicylic Acid
- This specific blend of Mandelic Acid helps to boost the efficacy of Salicylic Acid in the formula by dissolving the cellular "glue" and speeding up cell turnover rate, evening skin tone
- A patented blend of Terpineol-Thymol Complex suppresses sebum production and works with skin's natural microbiome to kill breakout-causing bacteria in minutes



single peel application

After applying One-Step Prep, select skin appropriate peel based upon the client's skin condition and main concern. Apply 1-2 droppers of peel to gauze. Apply peel to skin using the Dermalogica Application Method. Once application is complete allow 1-2 minutes to track client's sensations and skin response. Follow with step a or b.

- a. If client is experiencing extreme irritation, excessive redness, discomfort or frosting within the 1-2 minutes of peel application process immediately by applying Neutralizing Solution.
- b. If no extreme sensations, excessive redness, discomfort or frosting is present on the first application, you may apply an additional layer of peel. Apply another 1-2 droppers of peel onto gauze. Apply peel to skin using the Dermalogica Application Method. Once application is complete allow 1-2 minutes to track client's sensations and skin response. Repeat only if skin can tolerate for returning or advanced peel or apply Neutralizing Solution to end peel process. Two layers maximum on the neck and chest.
- 2. Remove peel with **Neutralizing Solution**.

neutralizing solution

A ready-to-use, non-aqueous neutralizer that helps soothe the skin and helps restore its natural pH

- Helps rebalance skin's pH from Aminomethyl Propanol (AMP)
- · Calms and soothes inflamed skin with Hydroxyphenyl Propamidobenzoic Acid

Remove gloves and apply 2 droppers of **Neutralizing Solution** directly in your hands. Spread **Neutralizing Solution** over the skin and remove with cool water and damp cotton or esthetic wipes.

