

# dermalogica®

professional-grade skin care by The International Dermal Institute

## treatment essentials: sensitive skin student workbook



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## **sensitive vs. sensitized**

**sensitive skin:**

**sensitized skin:**

### **UltraCalming™ retail products**

**UltraCalming™ Cleanser** – Gentle sulfate-free gel cream for sensitized skin.

Cool and calms | pH-balanced | Maintains protective barrier | Rinse away or wipe off  
Cucumber | Lavender

#### **Redness Relief Essence**

Redness-reducing essence calms and restores balance to sensitive skin.

Lightweight as a toner, concentrated like a serum | Boosts hydration | Calm, smooth and balance | Shake well before use | Pat gently onto cleansed skin

Licorice Root | Piperonyl Glucoside | Oat Kernel | Sage Leaf | Aloe

**UltraCalming™ Serum Concentrate** – Redness- and sensitivity-reducing serum.

Calms, restores and defends sensitized skin | Prevents future sensitivity | Best used following **Redness Relief Essence** | Follow with **Barrier Repair** or recommended Dermalogica moisturizer for additional hydration

Acetyl Tetrapeptide-15 | Sodium Hyaluronate | Sunflower Seed Extract | Evening Primrose | Avocado sterols

**Barrier Defense Booster** – Concentrated oil booster that soothes, nourishes and moisturizes.

Reinforces the skin's naturally-protective barrier | Nourishes and soothes irritated skin | Prevents skin irritation before it starts | Dispense 6-10 drops into hands and apply over face, neck and chest

Triple Defense Complex | Squalane | Tetrahydrocurcuminoids | Oat Kernel Oil

**Barrier Repair** – Anhydrous shield for the most sensitized skin

Soothes and protects against environmental assault | Reinforces lipid barrier | Apply small amount over face and throat

Borage Seed Oil | Evening Primrose Oil | Oat Kernel Oil | Silicones

**Calm Water Gel** – A weightless water-gel moisturizer hydrates dry, sensitive skin

Immediate hydration to dry, irritated skin | Softens, soothes and calms | Apply small amount into palm and rub hands to activate | Pat gently over face, neck and chest

Dual Hyaluronic Acid technology | Cactus Pear Stem Extract | Apple Fruit Extract and Glycerin | Aloe Vera Leaf Juice

**Super Sensitive Shield SPF30** – Broad Spectrum physical SPF, ideal for sensitive skin

Chemical free sunscreen | Restores barrier lipids | Reduces irritation | Apply liberally and evenly to the face | May be applied after or instead of prescribed Dermalogica Moisturizer

Licorice | Green Tea | Hyaluronic Acid | UltraCalming™ Complex

# UltraCalming™ for professionals only

## Clinical Oatmeal Masque

Alleviates itching associated with dryness | Soothes skin rashes and irritation | Ideal for sun or wind-burned skin | Apply with fan masque brush or spatula | Can be spread lightly around eyes and lips | Leave on for 10 minutes | Remove with steam towel and/or sponges and warm water

Pharmaceutical-grade Colloidal Oatmeal | Aloe Barbadensis Leaf Juice | Oat Kernel Protein

## professional treatment strategies

### Apply the LESS Rule

- Less product
- Less friction
- Less heat
- Less time

### Deep treatment with Professional masque options

- Calm and repair

### Dermal layering and home care

- Calm, repair and protect

### Incorporate tools

- Stones, globes, wands
- Constrict capillaries with machinery



## professional masque options

**Clinical Oatmeal Masque:** 1 tablespoon | 10 minutes | Can lightly spread over eyes and lips

**Clinical Oatmeal Masque + Colloidal Masque Base:** ½ tablespoon each of Clinical Oatmeal Masque and Colloidal Masque Base | 10 minutes

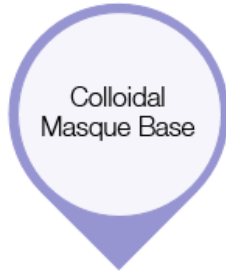
**Clinical Oatmeal Masque + MultiVitamin Power Recovery® Masque:** ½ tablespoon each of Clinical Oatmeal Masque and MultiVitamin Power Recovery® Masque | 10 minutes

### additional sensitive professional solutions:

- Calming Botanical Mixer
- Hyaluronic Acid IonActive™ Serum
- ExoThermal Gelloid Masque
- Soothing Additive

**machine options:** Ultrasound | Galvanic (+) | Microcurrent | LED

## professional masque options



**Skin condition:**

**Machine options:**

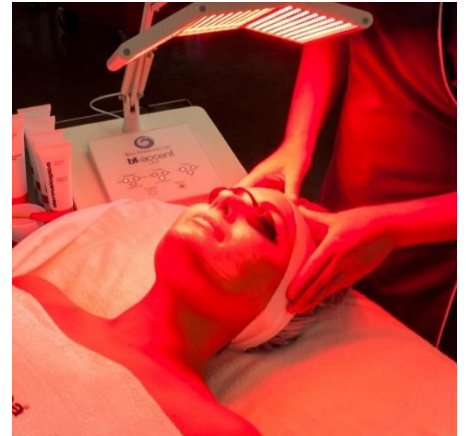
**ProTip:**

**Contraindications**

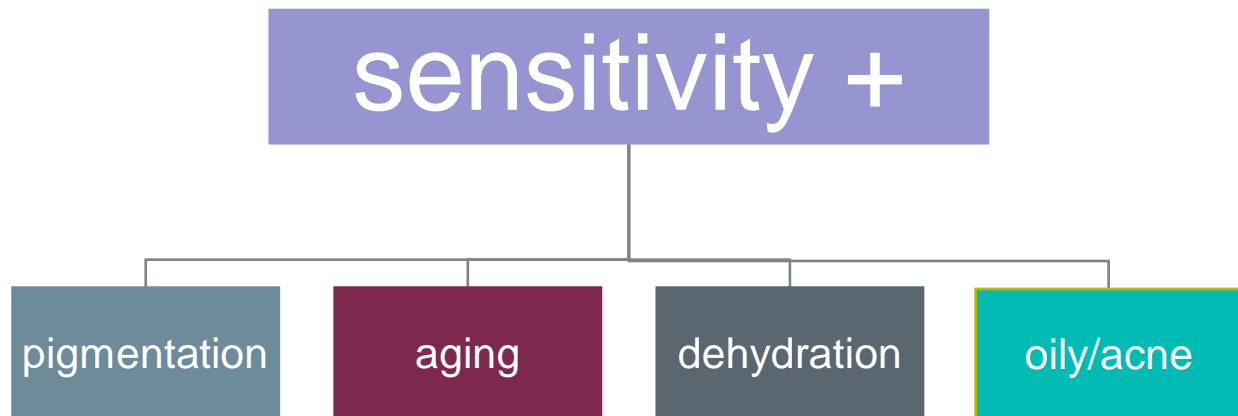
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## enhance with tools

- Cool compress
- Marble stones
- Cool globes
- Galvanic iontophoresis
- LED



## finishing products for dermal layering



## designing proskin 60

### client skin priorities

Primary:

Secondary:

treatment step	product selection techniques and options
<b>face mapping®</b>	
<b>second cleanse</b>	
<b>deep treatment</b> ionactive™ serum + masque	
<b>dermal layering</b>	
<b>prescription</b>	



## handling a skin reaction



during a skin treatment



post treatment

## meet dermalogica

For more than 30 years, we have redefined professional excellence in the skin care industry. Instead of teaching "beauty school" to "beauticians," we teach skin health to skin therapists, offering the most challenging and rewarding postgraduate skin therapy curriculum in the world.

### **We believe in skin health, not beauty.**

Dermalogica launched in 1986, a time when neon reigned, hair was big and beauty was more important than skin health. While snazzy, frilly products acted more as trendy accessories than tools for skin health, Dermalogica delivered innovation through real research, real ingredients and real results.

Today, Dermalogica still turns heads for innovative products and treatments that work, and our customers turn heads for skin health that goes farther than skin deep.

### **We believe professional skin care is not a luxury.**

To us, skin care is part of daily health — like brushing your teeth! That's why we believe so much in the power of professional skin therapists to change how people value and care for their skin.

Since Jane Wurwand — herself a professional skin therapist — founded Dermalogica, our mission has been to bring respect and success to professional skin therapists through excellent education, innovative products and outstanding customer service. Everything we do is done to help *you* be the best, most successful and most influential skin therapist you can be.

### **We believe in setting the standard.**

Dermalogica is the #1 choice of skin care professionals worldwide. To date, we have won more than 300 awards for our revolutionary products and treatments, all researched and developed by The International Dermal Institute (IDI). As a student, you're not only working with these products and treatments, you're learning the best, from the best, with access to several IDI classes and industry-leading experts!

Along with IDI, Dermalogica is the driving force behind our several training centers worldwide, including our unique Immersive Learning Centers at select locations.



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