

dermalogica®

professional-grade skin care by The International Dermal Institute

Professional Product Knowledge workbook



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multivitamin power exfoliant

An oil-based, anhydrous exfoliation that can be customized

- Maximum strength exfoliant in a lipid base, delivered in a single dose and re-sealable capsule; achieves visible results to reduce the signs of premature aging
- Removes dulling surface debris to help reverse the signs of environmentally-aged skin and brighten skin tone with Retinol, Lactic Acid and 15% Salicylic Acid
- An emollient of Vitamin C, E and F to enhance penetration, Vitamin E as antioxidant for skin smoothness

Twist open applicator tube and dispense fluid onto face with light, circular movements, avoiding direct contact with the eyes and mouth. Dampen gauze with cold water to remove **MultiVitamin Power Exfoliant**. Perform the Dermalogica Double Cleanse that begins with **PreCleanse** and follow with **Special Cleansing Gel**. Remove with a steam towel.

Pro Tip: Add 1 ampule of **MultiVitamin Power Exfoliant** to **Daily Microfoliant**®



exfoliant accelerator 35

Chamomile based exfoliant that provides an intense exfoliation

- Helps stimulate cell renewal and cell turnover rates to help smooth skin while improving texture and tone
- Lactic Acid brightens the skin, hydrates and stimulates the synthesis of natural barrier lipids
- Soothing polyphenols of Olive Leaf provide antioxidant properties

Use 2 pumps and apply using spreading technique. Massage over the face after applying with your hands in the same way as **MultiVitamin Power Exfoliant**. Apply under steam to further soften the skin. Use your Dermalogica professional double cleanse for removal, 1st with **PreCleanse** followed by **Special Cleansing Gel**.



multi-active scaling gel

Versatile gel effectively opens pores to facilitate extractions

- Allows skin therapists to create custom treatment solutions: use it alone to facilitate extractions, mix with a cleanser for a deep cleanse, or mix with an exfoliant for deep resurfacing
- Aloe Vera moisturizes skin to help reduce redness and relieve irritation
- Natural astringent Meadowsweet opens pores and reduces sebum production without over drying skin

-Deep Cleanse

- Dispense ½ pump of prescribed cleanser with water in a cup and mix in 1 pump of **Multi-Active Scaling Gel**

-Deep Resurfacing

- Dispense approximately ½ teaspoon of **Daily Superfoliant™** or **Daily Microfoliant®** into a cup and mix with water, creating a foam. Using a fan brush mix in 1 pump of **Multi-Active Scaling Gel**.

-Extractions

- Dispense ½ pump to 1 pump of **Multi-Active Scaling Gel** into a cup. Using fan brush, apply a thin layer to areas of congestion. Allow gel to activate and soften impactions for 3 minutes. Perform extractions using The Dermalogica Extraction Technique.



post extraction solution

Antibacterial solution that cleanses and decongests follicles while promoting healing and reducing inflammation

- Liquid solution provides a bacteria free environment, reducing sebum production
- Clears congested follicles with Salicylic acid (Sodium salicylate) 0.5%
- Naturally antiseptic Tea Tree aids in soothing and purifying skin while reducing comedones

After completing the manual extraction portion of the ProSkin treatment, soak a cotton pad with Post Extraction Solution and apply it to the entire face



massage gel-cream

Lightweight formula which promotes longer-lasting slip during each massage

- Helps leverage the power of touch to further enhance your massage treatments
- Rich source of Helianthus Annuus (Sunflower) Seed Oil and Carthamus Tinctorius (Safflower) Seed Oil helps reserve skin moisture and support barrier function
- Humectant Glycerin attracts and holds moisture to promote skin hydration and smoothness

Dispense 1-2 pumps into the palm of hand. Rub between palms and fingertips and apply to skin using massage movements. Remove with a warm steam towel or sponges.



additives

Aromatherapy for the ProSkin treatment

Clearing: Helps control breakouts and control excess oil production. Detoxifies the skin, reduces inflammation and aids in healing.

Revitalizing: Renews lackluster skin, promotes circulation and gently stimulates skin tissues. Alleviates dryness and helps promote relaxation and strengthen mental concentration.

Soothing: Relieves skin sensitivity from hay fever, asthma, pollution, smoking and allergies. Soothes stressed skin, helps quiet the mind and alleviate sinus tension.

Use 2-4 drops press onto the skin follow with **Massage Gel-Cream**



calming botanical mixer

Powerful, water-soluble floral base hydro essential

- Enhance performance and add the element of customization throughout the treatment
- Oil-free blend with active botanicals that are both powerful and aromatic
- Botanical extracts calm and soothe sensitized skin

Add 6-10 drops to the cleansing water or steam towels (after eye makeup removal) to create an aromatic water

Pro Tip: Apply 6-10 drops directly onto the skin for an oil-free aromatherapy massage



retinol 1% ionactive serum

Ionizable unique serum with two microencapsulated actives that reduce the visible signs of aging

- Increase collagen production and cell turnover with Microencapsulated Retinol 1%, as well as reduce visible fine lines, wrinkles, discoloration and uneven skin texture
- Increased skin firmness and reduced skin redness from Microencapsulated Chlorella Extract



oligopeptide ionactive serum

The ionizable active concentrate helps inhibit pigmentation for a more balanced skin tone

- Helps control melanogenesis from Microencapsulated Diglycosyl Gallic Acid. Reduce pigmentation spots and inhibit skin redness.
- Control melanogenesis by inhibiting the Tyrosinase enzyme with Oligopeptides 34 and 51



niacinamide ionactive serum

Ionizable active concentrate helps target and prevent breakouts on acne-prone skin

- An active of Niacinamide (4%) helps clear acne, reduce sebum and decrease post-inflammatory hyperpigmentation (PIH) associated with acne
- A stable derivative of Azelaic Acid, Microencapsulated Potassium Azeloyl Diglycinate (3%) regulates sebum production, controls keratin proliferation, reduces the formation of comedones (blackheads and whiteheads), and decreases inflammation by scavenging toxins and free radicals in the skin



hyaluronic acid ionactive serum

Hydrating, ionizable active concentrate delivers intense moisture to dry, dehydrated skin

- Restores moisture balance to promote smooth, uniform skin texture
- Dramatically hydrates and plumps sagging skin, reducing the appearance of fine dehydration lines from Hyaluronic Acid
- Hydrates and soothes skin with Alisma Plantago Aquatica (Water Plantain) Extract



conductive masque base

Active, cooling and ultra-conditioning masque provides deep hydration and pairs perfectly with our **IonActive Serums** and with electrical modalities

- Reduces signs of premature aging; delivers enhanced results when used with electrical modalities

Apply skin-specific **IonActive Serum** or other targeted treatment, followed by approximately 1 tablespoon of **Conductive Masque Base** using a fan masque brush to cover the entire face, neck and chest. Can be spread lightly over closed eyelids and lips. Leave on the skin for 7-10 minutes to activate, then remove with sponges and warm water or a steam towel customized with **Calming Botanical Mixer**.

ProTip: Can be used with galvanic iontophoresis, ultrasonic technology, microcurrent and LED.



colloidal masque base

Multi-purpose masque base that cools and hydrates skin

- Binds moisture while relieving environmental stress and damage
- Hydrates and binds moisture with **Hyaluronic Acid**
- Heals, reducing inflammation and pain from Mallow

Apply over **Serums** with a damp brush in areas of dehydration. Allow to activate for 10 minutes.

Pro Tip: Mix equal parts with **MultiVitamin Power Recovery® Masque** for an extra boost of hydration benefits



clinical oatmeal masque

Multi-purpose soothing masque

- Alleviates itching, irritation and discomfort from dryness
- Leaves a protective layer over the skin that seals in skin's natural moisture from Pharmaceutical-grade Colloidal Oatmeal
- Softening soothing agent Aloe Barbadensis Leaf Juice calms irritated skin

Dispense 1 tablespoon into a cup and apply with a spatula or a fan masque brush to the face, neck and chest. Can be spread lightly around the eyes and lips. Leave on for 10 minutes, then remove with a steam towel and/or sponges and warm water.

Pro Tip: Can be customized with a few drops of **Calming Botanical Mixer** or **Soothing Additive**.



one-step prep

Effectively degreases the skin and prepares it for peel solutions to follow

- Allows for excellent product penetration and more efficacious treatment with fewer layers of acid
- A natural astringent Hamamelis Virginiana (Witch Hazel)
- SD Alcohol acts as a skin penetration enhancer to facilitate transdermal absorption of other actives
- Exfoliates the skin with Lactic Acid

Put gloves on to protect your hands. Apply 1-2 droppers of **One-Step Prep** to gauze and apply to chest, neck and face using the Dermalogica Application Method. Leave on skin and follow with the appropriate peel.



ultrabright peel

Ultra-effective brightening to help reduce the appearance of early signs of aging and even skin tone

30% Lactic Acid brightens dull skin

- Minimizes the appearance of fine lines with Mucor Fungal Extract
- Hydrates dry and dull skin with Phytic Acid



advancedrenewal peel

Resurfaces the skin to help fight the visible effects of AGEs and minimizes the appearance of fine lines and wrinkles

- Reduces the appearance of hyperpigmentation
- Minimizes the appearance of fine lines and wrinkles with 30% Glycolic Acid
- Phytic Acid evens skin tone



AGEreversal peel

Minimizes appearance of deep lines and wrinkles

- Reduces signs of hyperpigmentation with 15% Trichloroacetic Acid (TCA)
- Lepidium Sativum Sprout Extract and Genistein brightens dull skin as well as provides antioxidant and anti-inflammatory properties



powerclear peel

Targets blemishes and visibly diminishes post-inflammatory hyperpigmentation

- Helps prevent breakouts with 2% Salicylic Acid
- This specific blend of Mandelic Acid helps to boost the efficacy of Salicylic Acid in the formula by dissolving the cellular “glue” and speeding up cell turnover rate, evening skin tone
- A patented blend of Terpineol-Thymol Complex suppresses sebum production and works with skin’s natural microbiome to kill breakout-causing bacteria in minutes



Single Peel Application

After applying **One-Step Prep**, select skin appropriate peel based upon the client’s skin condition and main concern. Apply 1-2 droppers of peel to gauze. Apply peel to skin using the Dermalogica Application Method. Once application is complete allow 1-2 minutes to track client’s sensations and skin response. Follow with step a or b.

- a. If client is experiencing extreme irritation, excessive redness, discomfort or frosting within the 1-2 minutes of peel application process immediately by applying **Neutralizing Solution**.
 - b. If no extreme sensations, excessive redness, discomfort or frosting is present on the first application, you may apply an additional layer of peel. Apply another 1-2 droppers of peel onto gauze. Apply peel to skin using the Dermalogica Application Method. Once application is complete allow 1-2 minutes to track client’s sensations and skin response. Repeat only if skin can tolerate for returning or advanced peel or apply **Neutralizing Solution** to end peel process. Two layers maximum on the neck and chest.
2. Remove peel with **Neutralizing Solution**.

neutralizing solution

A ready-to-use, non-aqueous neutralizer that helps soothe the skin and helps restore its natural pH

- Helps rebalance skin’s pH from Aminomethyl Propanol (AMP)
- Calms and soothes inflamed skin with Hydroxyphenyl Propamidobenzoic Acid

Remove gloves and apply 2 droppers of **Neutralizing Solution** directly in your hands. Spread **Neutralizing Solution** over the skin and remove with cool water and damp cotton or esthetic wipes.

